

Rotorua Breast Cancer Trust

Supporting the Rotorua Community



Upcoming Events

Monthly Morning Tea

Wednesday

31 May 2017

10.30am

Prince's Gate Hotel

Arawa Street

TAI CHI for Beginners Monday & Wednesday

evenings, 6-7pm

Eastside Bowling Club,

Warrick Dr, Lynmore.

Cost: \$5 per session

RBCT Coffee Evening

11 May 2017

5.30pm

Regent Hotel

Pukaki Street



During May we have been accepted as part of the "Good in the Hood" programme run by Z service stations nationwide. Our service station is Fenton Street.

From 1st May all you and your friends or family have to do is to top up at Fenton Street Z, take the token they give you and put it into the RBCT slot. The more votes (tokens) we get the more money we will receive from Z. It's a great way to fill up and also to help the Rotorua Breast Cancer Trust in this fundraising activity.

Our Trustees will be on the forecourt on 5 & 6 May and 19 & 20 May 11 am – 1pm so if you know anyone who needs our help, tell them to come along and talk to us or they can email use – info@rbct.co.nz or use our mobile phone number to text us and we will ring you. (Details at the bottom of the newsletter)

RBCT Morning Tea – on 26 April we went to the Regent Hotel for morning tea and it was really great to see so many people (23) turn up and that included 4 new people.

On **31st May, at 10.30** we are going to have our monthly morning tea at **Prince's Gate Hotel**. So do come along – ring us if you need to be picked up.

Walking Group

Thursdays

Meet at Sequoia Cafe
Tarawera Road
9.30 am

Lymphedema Support Group
Southern Cross Hospital cottage

5.30pm

THURSDAY 25 May.

If you have Lymphedema or just want to know more about it – come along or contact Vanessa 0273508843

IMPORTANT

This week Lakescare had a fire and the mammogram machine is unable to be operated. Until a new machine can be put into the Rotorua venue, all ladies will be offered an appointment in the Taupo branch. You will be contacted from Lakescare as usual.

Rotorua Cancer Society

1235 Ranolf Street

Cuppa & Chat

First Tuesday of each month the Rotorua Cancer Society, has a gathering, with a cuppa and a chat. This is open to everyone. For more information contact Tracey on 07 349 4556

RBCT Evening Coffee – on the second Wednesday of each month we are having a coffee gathering for all those people who work. Our next one is on **11 May at 5.30pm** (that's a THURSDAY this month as the venue has another booking) at the **Regent Hotel** it's down by Eat Street. It would be great if we can see lots of people there. We've made it 5.30pm so that you can have a quick coffee (or tea) before you go home for the evening. Again, ring if you need a ride or if you want more information.

Lymphedema Support – our first “meeting” is at Southern Cross Hospital cottage (in the grounds), at **5.30pm on THURSDAY 25 May**. Our Trustee, Vanessa Malipaard, leads this. If you have Lymphedema or just want to know more about it – come along or contact us.

10th ANNIVERSARY PINK WALK – 18 October 2017.

Yes. Its 10 years since we started raising money for the people of Rotorua (and rohe) who have had or are diagnosed with breast cancer. Our focus is on the well-being of our people and their whanau.

We offer a variety of support – from information packs, petrol and/or food vouchers, support networking – see above; through to baking or cooking, or giving rides to appointments. We also work alongside other agencies to offer specialised exercises and help.

We could not do everything we achieve if not for the money raised by the people of Rotorua who support our annual major fund-raiser – the Pink Walk.

More details later on.

Vivienne Kermode
Chairperson
RBCT

Thanks for reading our newsletter. Again, please don't hesitate to contact us if we can be of any assistance.

Kind regards

**The team at Rotorua Breast Cancer Trust.
Need some information or have a query?**

If you would like to get in touch with Rotorua Breast Cancer Trust please don't hesitate to email info@rbct.co.nz or call us on 022 424 6616

You can also check out our website www.rbct.co.nz or our Facebook page www.facebook.com/RotoruaBreastCancerTrust.

Rotorua Breast Cancer Trust
PO Box 12056
Rotorua, 3045
New Zealand