

MARCH 2017 Newsletter

Rotorua Breast Cancer Trust

Supporting the Rotorua Community



Hello Everyone

Weekly Walking Support Group

This is for anyone being supported by agencies such as CanTeen, Aratika Trust, Rotorua Breast Cancer Trust, Pinc and Steel, Cancer Society, Leukaemia and Blood Cancer NZ and Child Cancer Foundation.

When: Thursday 9.30 am. **Where:** Meet outside the Redwood Visitor Information Centre by the Coffee Cart, Long Mile Road. **Purpose:** To bring together people living with the challenges of cancer in the family – to enjoy an hour of walking together in the Redwoods and all the benefits that may bring. **Who is it for:** Patients, Carers, Parents, Family/Whanau and Support people. **Cost:** Free

On the Blue Track, which is reasonably accessible for those with mobility aids, prams, strollers etc.

If you are interested in joining the New Walking Group, email info@rbct.co.nz or simply turn up

Pink High Tea -26th March 2017

On **Sunday 26th March**, from 2-4 pm we are looking forward to sharing an enjoyable afternoon full of fun and laughter. An opportunity for those who like to reminisce over a lovely afternoon high tea.

Support Group Morning Tea

Usually on the last Wednesday of each month the Rotorua Breast Cancer Trustee's run a free morning tea for those with a Breast Cancer experience. It is a chance to talk with others who have been through the same thing. Do come along, you will be made very welcome.

Next Morning Tea: Wednesday 29th March, 10.30am, Aroma Cafe, Fenton Street

Evening Support Group

Meeting on the 2nd Wednesday of each month at 5.30pm.

Dates and Venues:

12nd April 2017 at Abracadabra Cafe and Bar, 1262 Amohia St, Rotorua

10th May 2017 at Regent Hotel, 1191 Pukaki St, Rotorua

Lymphodema Support

Please contact Vanessa on 0273508843 if you require information or support.

Wow what a wet couple of weeks we have had, there is a definitely a hint of Autumn in the air, time to enjoy each sunny day that is on offer. Have a great month everyone.

Sally Goddard

Administration RBCT

Please let us know at infor@rbct.co.nz if you no longer wish to receive a hard copy of the newsletter or have changed your email address.